

A) READING

A. Before you read, answer the questions.

1. What is your favorite sport?
.....
2. How often do you play it?
.....
3. What sports can you do well?
.....

Name:

Class:

Date:

IMPACT NOW 1
Week 10
U5 WS1



Hi, I am Tom. My favorite sport and only sport I do is playing rugby. I don't do other sports like basketball or judo because I don't like them. I usually go to the rugby field every day after school. I practice for about three hours and then, I go home and have dinner. At the moment, I'm preparing for an important competition so I'm practicing for 3 hours and I am not eating any fast food. I am eating only meat and fruit at the moment. I sleep for 8 hours every night because I feel very tired after practicing, but I can play rugby very well, so I do a lot of competitions.



Hi, I am Julia. My favorite sport is swimming. I don't do other sports like volleyball or skiing because I don't like them. I usually go to the swimming pool every day after school. I practice for about two hours in a week. I like playing badminton, too. My dad taught me how to play badminton. He is really good at badminton. It has a lot of fun and excitement of hitting back and forth like tennis and volleyball. If you like ping pong at all, you should definitely give badminton a shot. We practice in our garden at home at the weekends, but my mum isn't happy at all.



B. Read the text again and write "True" or "False".

1. Tom's favorite sports are basketball and judo.
2. Tom usually goes to the rugby field every day after school.
3. Tom eats fast food every day.
4. Tom is preparing for an important competition so he's practicing for 3 hours.
5. Julia's favorite sport is swimming.
6. She never goes to the swimming pool every day after school.
7. She plays badminton with her mum in the garden.

B) VOCABULARY

A. Complete the table and sentences with the sports in the box.

basketball - judo - skiing - swimming - cycling - sports - karate - tennis - volleyball

go

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play

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do

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1. My mum and I always on Sundays. I love spending time on the beach.
2. Jane for the national team. I think she will be a famous basketball player.
3. My brother after school on Fridays. He has a black belt.
4. My parents with their friends every winter.
5. Jack every day. His bike is new.

B. Order the letters to make words.



1. tuserapsr

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2. paolenares

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3. rokcumsic

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4. sereicex

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5. niehcse

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6. rnadog

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C) USE OF ENGLISH

A. Complete the sentences with the correct form of "can".



We use "can" to talk about ability.

It is followed by the base form of the verb. It's the same for all subjects. It doesn't need an auxiliary verb to form the negative or a question.

1. Amanda is a good swimmer. She swim like a fish.
2. Can you speak slowly? I follow you.
3. My dad and I are good at cooking. We cook everything.
4. I'm busy today. I think I come early.
5. My son starts learning Spanish at school. He count to twenty in Spanish.
6. You look so young. You be forty yet.
7. Watching TV be boring. I don't like it.
8. My mum is really bad at technology. She use a computer on her own.
9. I know this girl, but I remember her name.
10. Students play in the garden after school because it's raining.

B. Complete the sentences with the "Present Continuous" of the verbs in brackets.



We use "the **Present Continuous**" to describe an action that is in progress at the moment of speaking. We form the **Present Continuous** with **am/ is / are + ing** form.

1.  My mum now. She loves spending time in the kitchen. **(cook)**
2. My grandparents at the moment. They are very energetic. **(dance)** 
3.  My husband and I like trying new things. We Chinese food now. **(have)**
4. My sister, Lucy, the walls today. She is really tired. **(paint)** 
5.  My son table tennis this week. It is a very popular sport in our city. **(play)**
6. He this morning. His bike is new. **(ride)** 

D) WRITING

A. Look at the table and complete, then write a short text about Ben, Lucy, your friend and you. Use "can" or "can't".

very well



well



not very well



	Ben	Lucy	Your Friend	You
watch TV				
do karate				
climb a mountain				
sing				

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B. Write a short text about your favorite sports.

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